

## FREE SCAN AT CHIROPRACTOR OMC

As a promotion, Erik Wolters, chiropractor, is offering at the **Orange Medical Centre** a **FREE SPINAL SCAN** (analysis on muscle tension, asymmetries and blockades).

To book an appointment:

Erik Wolters, tel.: **00351 917 482 144** or

**Orange Medical Centre** tel: **00351 289 50 80 55**.

## GP AND CHIROPRACTOR AT HAI 2014



On Sunday 19 October the NCA will again organise the yearly Holland Algarve Interactive Business Fair (H.A.I.) at the **Krazy World** in **Algoz**.

H.A.I. starts at 11.30am.

Dr. Heino Folmer GP will offer you a **free bloodsugartest and bloodpressure taking**.

Erik Wolters DC, chiropractor will offer you a **free spinal scan**.

*Address of Krazy World Algoz:*

Lagoa de Viseu – Apartado 3, Estrada Algoz – Messines 8365-907 Algoz

*Or have a look at their website:*

<http://www.krazyworld.com>

## OMC CLOSED FOR HOLIDAYS

The **Orange Medical Centre** will be closed for holidays from 1 October until 12 October. From Monday, October 13, our door will be open again.

### ORANGE MEDICAL CENTRE

Edifício Atlântida

Av. da Liberdade Nº 133 R/C, loja 1

8200 – 002 ALBUFEIRA

[www.orangemedicalcentre.com](http://www.orangemedicalcentre.com)

**00351 289 50 80 55 / 00351 91 654 11 82**

## FLUJAB 2014 / 2015



As from Wednesday 15 October it is possible to get your flu jab at **Orange Medical Centre**.

The flu jab is intended for the following risk groups:

- people aged 60 and older;
- people with cardiovascular disease;
- people with lung disease (eg asthma or COPD);
- people with diabetes mellitus;
- people with kidney disease;
- people with liver disease;
- people with reduced resistance by disease or medical treatment.

The costs : € 20,00 (all-in).

Please contact the **Orange Medical Centre**: **00351 289 50 80 55**

## CHIROPEDIST HAS LEFT OMC



As from today it is no longer possible to book an appointment in the **Orange Medical Centre** by chiropedist Margareth. However, you can still see her at Margareths in Olhos de Agua.

Telephonenumber.: **00351 92 74 76 276**

## THE RIGHT JUICE.....



**Orange Medical Centre** is one of the sponsors of the Algarvian movie:  
**THE RIGHT JUICE**

*Première:*

Teatro das Figuras, Horta das Figuras  
Estrada Nacional 125, 8005-518 Faro

**29 August 2014 at 21:30h**

Tickets are €6, you can order them by contacting:

**00351 289 888 110**

<http://www.imdb.com/title/tt2288160/>

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## OMC, SPONSOR OF THE "FRIENDS CANIL PORTIMÃO"

*Below a notice we received from Patricia, Karin & Cor of the FCP, Friends Canil Portimão:*

We are happy to make a contribution to the Newsletter from OMC.

Beside the fact that Dr. Heino Folmer is a highly skilled practitioner, Orange Medical Centre is also a sponsor for our organization Friends Canil Portimão. Our organization was set up four years ago by two Dutch women who work and live in the Algarve and started as a small organization. We are now registered since 2012 as an official organization.

We get absolutely no subsidy from the government or municipality. Portimão is so poor that there is not even money to buy food. Fortunately we have found a food sponsor in the Netherlands. Thanks to Solgarve Outlet, they have sent every few months several hundreds of kilos of food.

We are 100% dependent on donations, this can obviously be in cash or in goods; One of the ways we raise money is with our famous **charity lunches**. Twice a year, you can eat as much as you want for only **25 euro**; In addition, there are raffle tickets you can buy to



win great prizes too, also several companies, like OMC, have donation boxes where you can leave a contribution for the FCP.

At the last lunch, OMC donated a dog bath, great for the dogs and wonderful for us, we can adjust it to standing height. At our last lunch the total yield was just under € 1500, - that was a nice amount of money. This is almost always spent on drugs, yearly we spend approximately € 20.000, - on medicines and veterinary costs.

If you are curious about our organization FCP, you have some spare time, come and walk with us. **Every Thursday morning we walk the dogs, with more people we can give them a longer walk; this is the only time the dogs go outside, so really an outing for them.**

It is not a problem if you are not a permanent resident here, we have many volunteers who are only here in winter or summer. Do you want to do something back for this beautiful

country, what better can you do than to help these cats and dogs. Everyone is welcome.

**Also, regularly we are looking for people who want to guide our dogs to their new future in the Netherlands without any costs. We arrange everything here and, once in the Netherlands, the Dutch organization will be waiting for you.**

**The only condition is, your flight has to be with Transavia Airlines from Faro to Rotterdam or Eindhoven.**

We focus on the re-homing of dogs in the Canil (Asylum) of Portimão.

Just to let you know, **last year**, the Friends Canil Portimão (FCP) arranged **adoption for 219 dogs and 50 cats. This year, we already know, we will be re-homing even more abandoned animals.**

Want to know more about our organization "Friends Canil Portimão", or do you want to be a volunteer with us or get on the mailing list for our lunches, let us know at [friendscanilportimao@gmail.com](mailto:friendscanilportimao@gmail.com). **The next charity lunch will be in November.**

We would like to build 2 extra kennels, we have received a big donation of € 3000,- from a legacy, but we are still €1000, short. Who wants to help us? **For larger donations you can receive a receipt for you or your business.**

We urgently need donations, the scale for dogs is broken and our emergency piggybank is empty, and, at this moment, we have a lot of dogs who need extra aid.

**Bank : BPI Lagoa**

**NIB : 0010 0000 4780 9000 0010 8 (for national Portuguese transfers)**

**IBAN : PT50 0010 0000 4780 9000 0010 8 (for international transfers)**

**SWIFT/BIC : BBPIPTPL**

Through our website, it is also possible to make a donation, using PayPal.

[www.friendscanilportimao.com](http://www.friendscanilportimao.com)

or  and follow us on **Facebook Friends of Canil de Portimão**, you will find our latest news.



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