

## *OMC at the 50 + Fair*



Orange Medical Centre has joined Turismo de Albufeira, [www.turismodealbufeira.com](http://www.turismodealbufeira.com).

An organisation that promotes tourism in Albufeira. Representatives Dora Coelho and Luís Pereira will therefore be present at the 50 + Fair in Utrecht, Holland from 11 to 15 September. They will also provide information about the **Orange Medical Centre** at this 50+ Fair.

## *A Dutch psychologist at the OMC, English speaking*

Often we get asked whether we know a psychologist. We have now come into contact with a Dutch psychologist who also speaks English. We expect her to start early next year at the **Orange Medical Centre**. We will keep you informed about this.

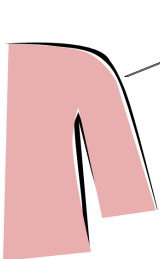


## *Holiday period*

The **Orange Medical Centre** will be closed for holidays from 1 November until 11 November. From Monday, November 12, our door will be open again.

## *Flu vaccination 2012 / 2013*

The flu remains a nasty disease that comes back every year, even in Portugal. A flu vaccination can prevent the flu and therefore its complications (such as pneumonia). The flu jab is intended for the following risk groups:



- people aged 60 and older;
- people with cardiovascular disease;
- people with lung disease (eg asthma or COPD);
- people with diabetes mellitus;
- people with kidney disease;
- people with liver disease;
- people with reduced resistance by disease or medical treatment.

It is already possible to book an appointment for the annual influenza vaccination. We will make sure that the flu vaccine is ready for you at **Orange Medical Centre**. As from 15 October it is possible to get your flu jab. The costs : € 20,00 (all-in).

## **ORANGE MEDICAL CENTRE**

Edifício Atlântida

Av. da Liberdade Nº 133 R/C, loja 1

8200 – 002 ALBUFEIRA

00351 289 50 80 55 / 00351 91 654 11 82

[www.facebook.com/drfolmeromc](http://www.facebook.com/drfolmeromc)

*OMC now also has a chiroprapist*

I would like to introduce myself:

My name is Marga Wijngaard, 43 years old and a certified Dutch Beautician and Chiroprapist.



In 2010 I opened my Beauty Salon, "**MARGARETHS Beauty Salon & Pedicure**" in Olhos D 'Agua, east of Albufeira.

Here I work 3 days a week with a lot of pleasure. As from September 27, **every last Thursday of the month** I will be working as a Chiroprapist at the **Orange Medical Centre**, the practice of Heino and Brigitta Folmer.

I am very pleased to have this opportunity to be able to perform as a chiroprapist at a different location and one which might be closer to you.

Do you want your feet be pampered, your nails to be cut / clean well, or you finally want to get riddof that painful corn. You are most welcome to have an appointment with me at the **Orange Medical Centre**.

But, of course, you are also very welcome at **MARGARETHS Beauty Salon & Pedicure** in Olhos D'Agua. To make an appointment, you can contact me by phone:

**+351 92 74 76 276**



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**Clinic hours Mon - Fri : 09.00h - 17.30h / Sat : 10.00h - 12.00h**