

## We will open on the 6th of February!

After two months of construction work, we are finally there: **ORANGE MEDICAL CENTRE** is ready to open it's doors.

**Starting the 6th of February.** It is already possible to book an appointment. You will find the clinic hours below. Brigitta and I will be very happy to start our 'normal' job again, because coordinating construction work and dealing with all the paperwork is hard work. However, we are nearly there, and the result is, to our humble opinion, not bad at all. A modern practice, spacious and easily accessible.

### Clinic hours

**Monday – Friday**  
9AM – 5.30PM  
**Saturday**  
10AM - 12noon



### Contact

You can reach the practice at all times on **(00351) 289 50 80 55**.

Even after hours and during the weekends, this number will be diverted to the mobile phone of doctor Folmer. Emergencies only.

### Housecalls / Hotel visits

You can request a housecall or a hotel visit by phone. Depending on the urgency they will be granted immediately or be scheduled. The sceduled ones will be done between 12 and 3 PM. The area covered stretches from Quarteira to Armação de Pêra / Porches and in the north to Paderne. Outside of this area requests for housecalls cannot be granted, still there is the possibility to meet doctor Folmer at **ORANGE MEDICAL CENTRE**, in this case you will agree a certain meeting time at the practice.



**ORANGE MEDICAL CENTRE**  
Edifício Atlântida

Av. da Liberdade Nº 133 R/C, loja 1  
8200 – 002 ALBUFEIRA

**00351 289 50 80 55**

## Repeat prescriptions

These can be requested as follows:

- By phone: call **(00351) 289 50 80 55**
- By fax: dial **(00351) 289 50 80 57**
- By email: [omc@orangemedicalcentre.com](mailto:omc@orangemedicalcentre.com)
- By post: please send your letter to the address at the bottom of this Newsletter

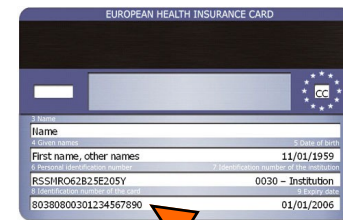
To grant your request, we need the following details:

- Your name
- The number of your Cartão de Utente or your EHIC / E111 card



Your telephone number

- The medication needed
- The strength of the medication
- The number of packages



The prescription will be ready to collect from our reception desk

If you use medication on a regular basis you should be seen by Dr Folmer at

next day.  
least twice a year.

## Test results



For results of blood- and other tests you can call **ORANGE MEDICAL CENTRE** between 3 and 5 PM on number **(00351) 289 50 80 55**. It is also possible to book a follow-up consultation with Dr. Folmer to discuss these results.



## Minor surgery

At **ORANGE MEDICAL CENTRE** we have special hours for minor surgery, such as the removal of moles, warts and ingrowing toenails. Before you have this done please make an appointment with Dr Folmer first.



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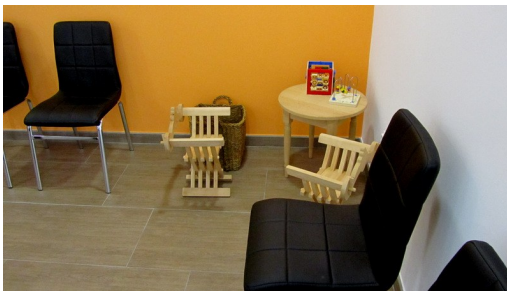
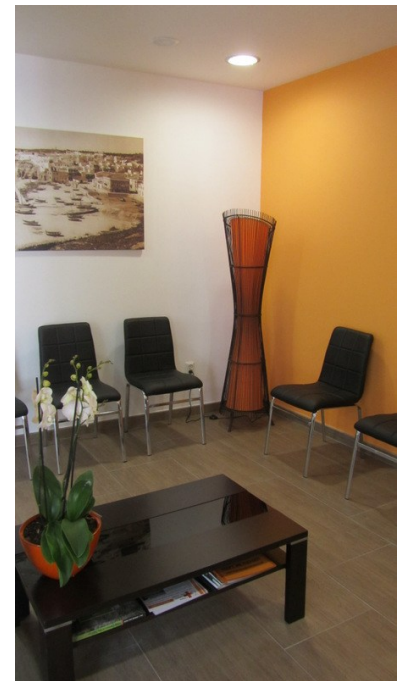
**00351 289 50 80 55**

## Medical tests

There can be many reasons one has to undergo a medical examination. For example, for an insurance policy or a renewal of a driving licence. This medical examination you can have at **ORANGE MEDICAL CENTRE**.

When you want to make an appointment for an examinations please tell us, Dr Folmer will need more time for this. We can book a longer consult. When you arrive please be sure you have the following documents with you:

- The examination form (renewal of driving licence, type 922, you can buy at the papelarias and driving schools)
- A valid identification, such as a residence card or passport



## Medical Certificates

You might need a certificate when, due to illness you can't work or can't go to school. Or for any other reason. Dr. Folmer can provide you with this. Please ask him during the consultation and you take this straight away.

## Additional tests

Within our practice we have the availability of several additional tests. Examples of this are:

General blood tests

- Urinalysis
- ECG (heart tracing)
- INR (blood clotting as provided at the official Thrombosis services)
- Pregnancy
- research on blood in the stool
- bloodsugar
- Peak flow measurements

The list is not complete. If you have questions please call us on **(00351) 289 50 80 55**



## Puzzling with an appropriate shop front

With each rebuilding things can go wrong and we are no exception. The biggest problem came at the last minute, 3 days before the opening. We had a new shop front planned and already ordered in December. The firm came twice to measure the front. We were completely surprised when we saw that although already ordered in December but delivered 2 months later the shop front proved to be 40cm too low .... The original shop front had been removed, so the men had to close the front with part of the old construction along with the new construction. Fortunately, we can open on Monday the 6th of February as planned but **ORANGE MEDICAL CENTRE** is still not quite finished. On the opening of a new business there would normally be an official reception, so once everything is done we will have an official opening reception. We will advise you of the exact date nearer to the time.